

1. Question 1

Design an event or Activity that promotes environmental awareness

**Your Answer**

LIST OF EVENTS THAT CAN PROMOTE ENVIRONMENTAL AWARENESS:

INTRODUCTION OF 3 Rs AT SCHOOL : Students can have one class in a week where various ways of reusing waste items, and reducing pollution by proper waste management is taught. In addition activities like best items out of waste will be performed by students

WASTE MANAGEMENT RALLIES: Government rallies and inspection will be done and locals will be asked to differentiate wet and dry waste. Further non biodegradable plastic bags will be banned and shopkeepers will go under regular inspections

REFORESTATION: Under the guidance of environmentalists, locals will plant trees at the outskirts of town . Additionally manufactures will be asked to plant more trees ( Just like mamaearth where they link a plant to each customer)

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2. Question 2

Design Event or an activity that could include assisting a senior resident in the community.

**Your Answer**

YOGA SESSIONS FOR SENIOR CITIZENS :

Under this youth members of community will organise free yoga classes for senior citizens and various gaming sessions. Also they will organise occasional athletic meet for senior citizens with rewards.

Benefits of Yoga for Seniors

Strengthened bones. Yoga for seniors can help prevent the onset of osteoporosis, which causes bones to become brittle or weak.

Reduced stress.

Improved sleeping habits.

Enhanced balance, flexibility, mobility and strength.

Lessen the risk for depression.

Alleviate aches and pains.

THIS ACTIVITY WILL BE COMPLETELY ORGANISED BY YOUTH.

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3. Question 3

Identify some hindrances of youth participation to community development.

**Your Answer**

**Challenges of Youth. Participation. The benefits of youth participation are substantial, however implementing, continuing and developing youth participation ... mental health and/or community programs can ... identify the barriers that may affect.**

Despite the motivations and influences, significant obstacles that prevent participation of youths in community development are a lack of communication and awareness of opportunities, weak

cooperation among organizations competing for youth participants, youth fears of speaking out, lack of diversity, systematic mistreatment of youth simply because of their age.

Other factors such as lack of transportation, lack of time, and not being sure of the benefits of their contributions can limit the active participation of youths. Other reasons for least participation are: lack of interesting programs, and cost.

educational, cultural, communication, media, accessibility in person to contact and interact, occupation, geographical conditions, social environment, community based activities and involvement, parental input and peer group situation, self feeling perception and level of concern about the social development are major.